

TUTOR NOTES

ROOM TEMPERATURE - The life room should be warm. It cannot be acceptable for a model to be nude and in a cold or chilly environment. A cold room with a small fan heater is still a cold room, it's just that now the cold air is being blown at the model. It is the tutors responsibility to heat the room in advance of the model arriving. All models have been instructed to only work when the room is warm enough to do so and we believe that a temperature of 19 degrees is appropriate for general life modelling but where a prolonged seated or lying pose is envisaged the room should be warmer still. The HSE states that a workplace room should be a *minimum* of 16 degrees, and that for clothed office workers.

ROOM PRIVACY - The room should not have any clear windows or doors as this is certainly a distraction for all and can cause some commotion. Again this is the tutors responsibility and if necessary glass needs to be covered in advance of the start of the session.

CHANGING AREA - Where possible a private changing area is desirable but all of our models are used to working without so no worries if there isn't the space. Where there is no separate changing area a quiet corner can be designated as the models 'space'.

SESSION BOUNDARIES - Prior to any students first session of life drawing the life room boundaries need to be set and these usually include the following requests:

No mobile phones

No MP3 players

Observe general health and safety

CHOICE OF POSE - It is usual for tutors to have ideas in advance of a session re the poses for the day and it can often be helpful to the ownership of the session for students to be involved in this process. We encourage engagement with the model and the model is able to discuss and alter a pose to best suit the session. However, each model knows well enough their own abilities and so the final position of the model ought to be that models decision.

LENGTH OF POSE - Again each model will know their limits with some happy with standing all day and others feeling that, for example, half an hour standing is enough. If a particular sessions need is for a long pose or a strenuous session please make this known to us in advance we will supply the model best suited to the task.

BREAKS - It is generally accepted that there should be a five minute break every thirty minutes if poses are of a longer length. There is no need for model breaks if poses are short and the model is regularly moving and is adopting different stances.

PHOTOGRAPHY - Photography is not usually part of the life session. Some models are happy with photography and some are not. It would be best practice for a tutor wanting to take photographs for students or to have students take photos of the model in a particular session to let us know in advance and we will provide a photo happy model. If this is a regular part of the class then each model ought to be asked if photos are OK prior to the start of the session.

PLEASE REMEMBER - Some models are very experienced and some are relatively new to life modelling. Some models will therefore need a little guidance regarding pose choice. Each model will bring their personality into the life room and so their poses will reflect them, on that particular day. A secure and warm room will get the best work out of the model.

CARDIFF LIFE MODEL MISSION STATEMENT - We are a group of life models who have been getting naked for artists and photographers for various lengths of time. Some are relatively new to life modelling and others have been working with classes for over twenty years. We decided to develop the collective to gain more work, to promote healthy acceptance of the naked human form and to ensure the safety of each other when working on new contracts.

MAKING PAYMENT - Cardiff Life Model Collective will invoice the college at the end of each month for hours worked during that month. We expect payment to be settled within 28 days, which is the UK Gov standard guideline on settling invoices.

CONTACT NUMBERS, WEB AND EMAIL

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